

8th Grade Foods

Course Description

An 18 week semester elective course focusing on food preparation skills while also developing critical thinking and problem solving abilities.

Areas of Study

- ◆ Safety and Sanitation
- ◆ Reading a Recipe
- ◆ Function of Ingredients
- ◆ Measuring & Abbreviations
- ◆ Microwave Cooking
- ◆ Quick Breads
- ◆ Pasta
- ◆ Fruits & Vegetables
- ◆ Milk/Cheese
- ◆ Etiquette/Manners
- ◆ Ethnic Cuisine
- ◆ Meal Planning